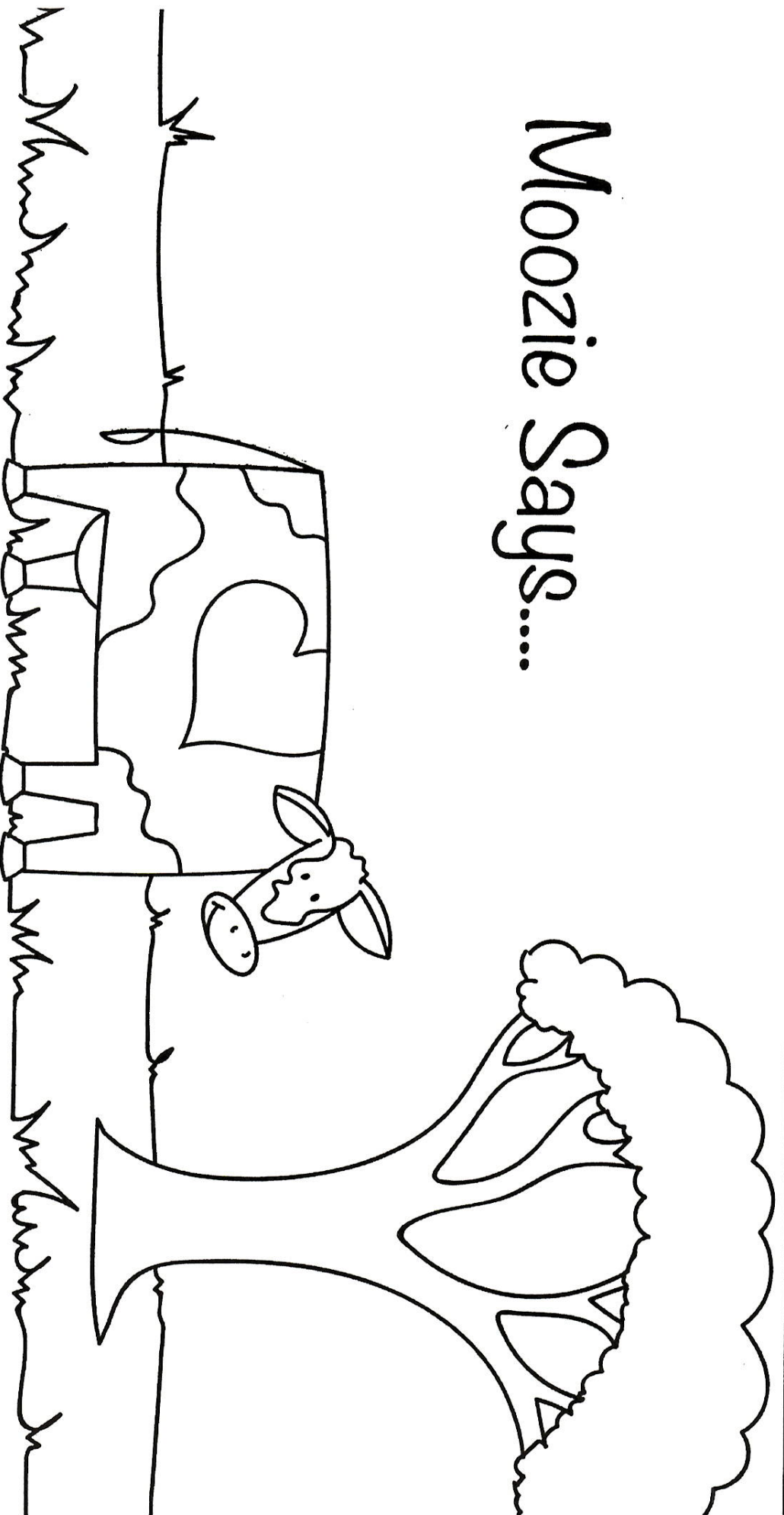


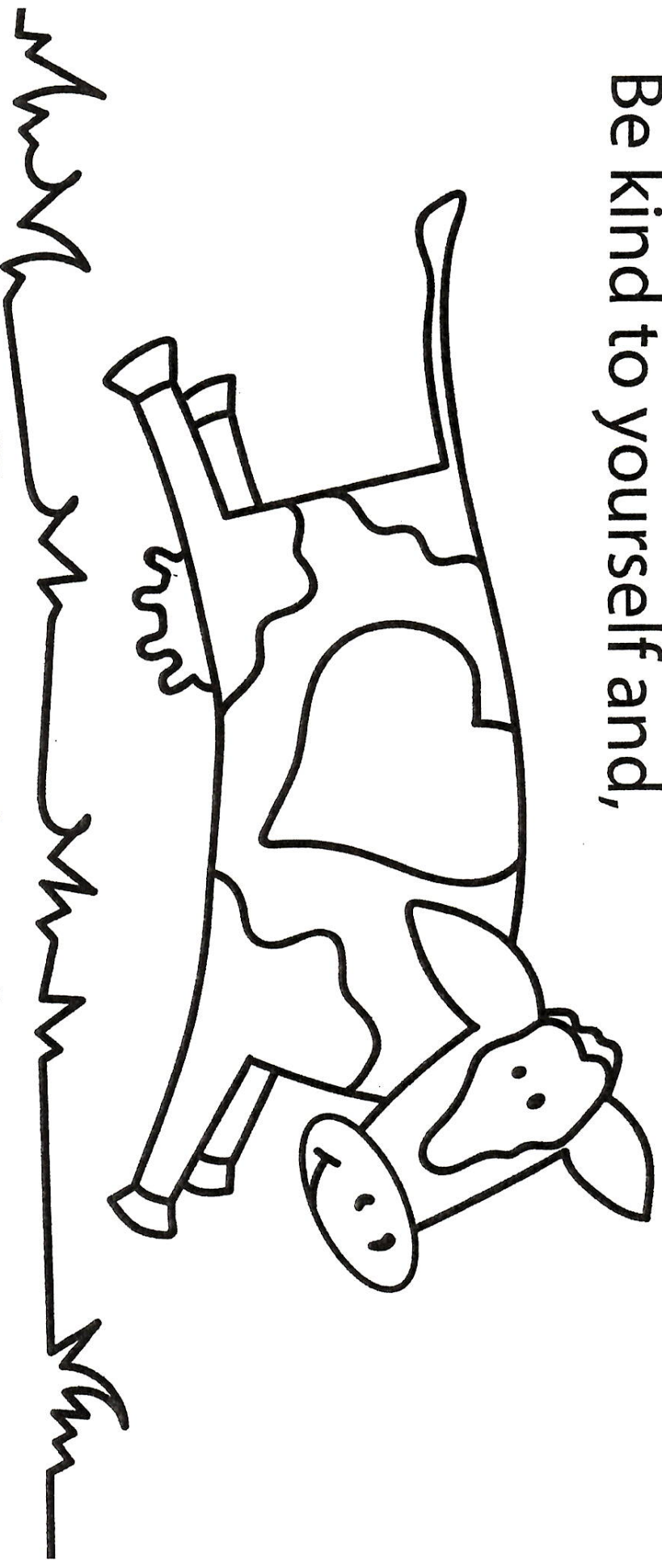
Moozie Says...



Be Kind to the Earth!

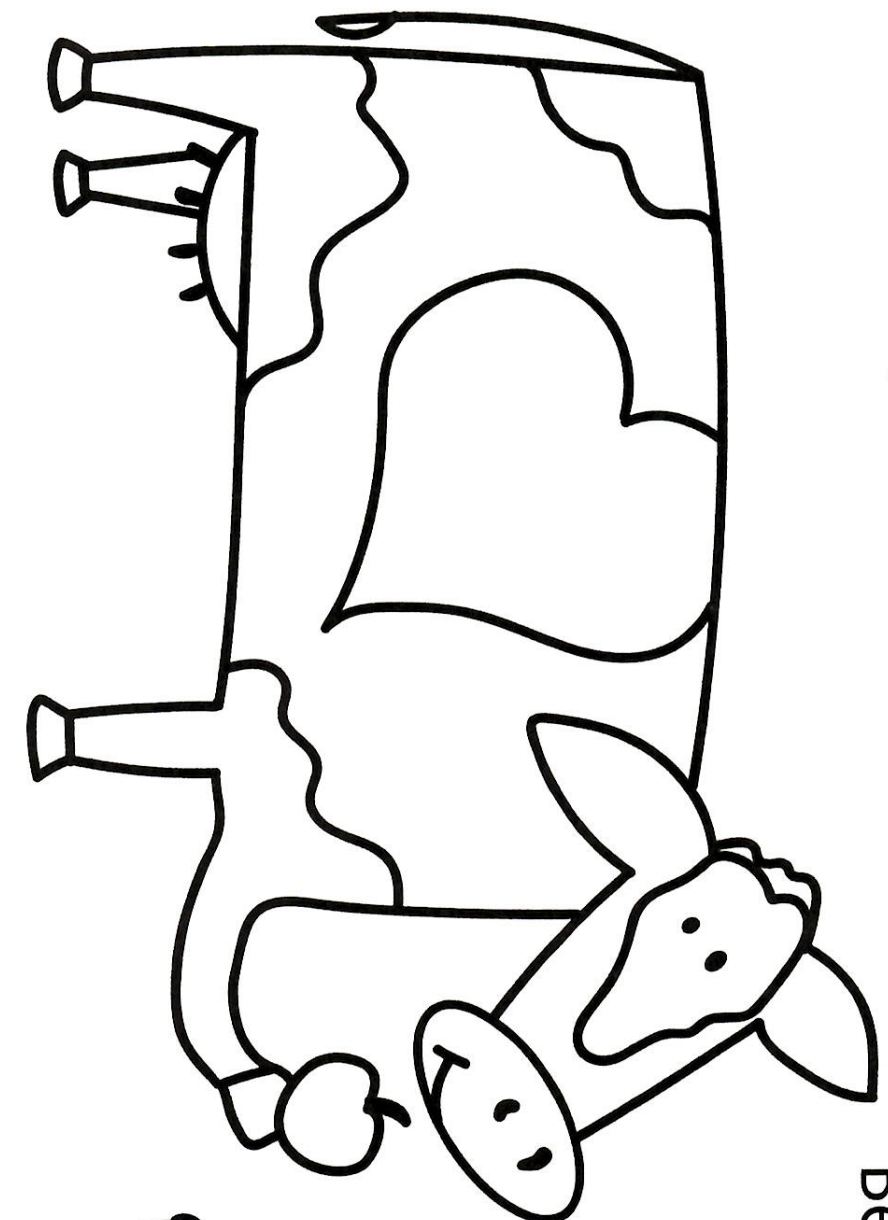
Moozie Says....

Be kind to yourself and,



Exercise!

Moozie says...



Be kind to yourself

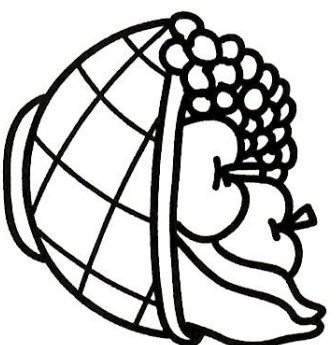
and

eat

fruits

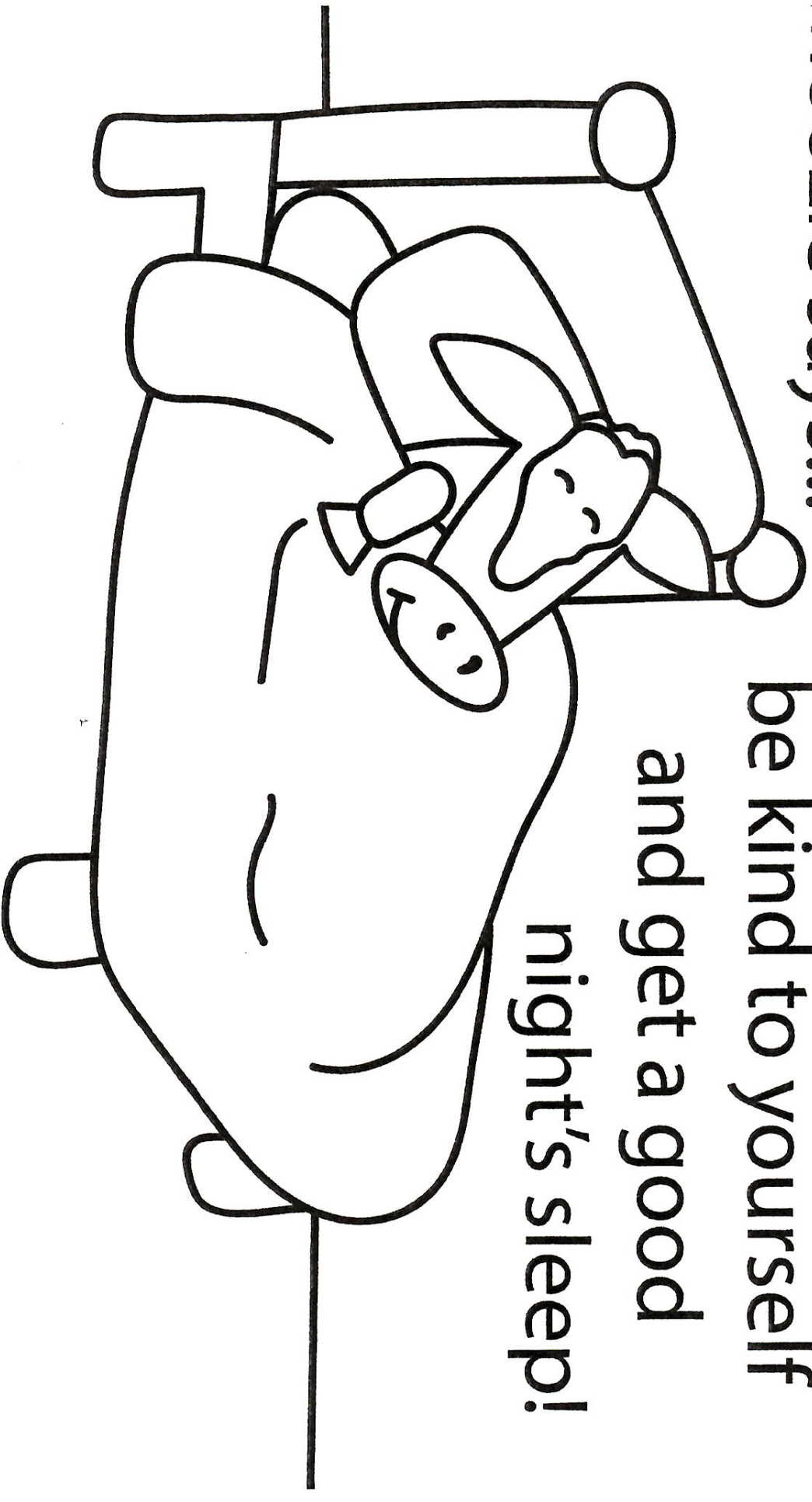
and

vegetables!



Moozie says...

**be kind to yourself
and get a good
night's sleep!**





moozie Says ...

Kindness is

waiting your turn.