



THE VALUE OF KINDNESS

Just think what the world would be like if everyone was just a little kinder. That would not only affect this moment but could also have an effect for years to come. You can help make that happen. Kindness is powerful. Spreading your kindness makes others feel better; you feel better, and anyone seeing your kindness feels better. Whether you realize it or not, your kind acts build you as a role model of kindness, a role model especially important to those younger than you. Your kindness brings happiness to others.

The good news is that you have a partner in spreading kindness, Moozie the Cow, the Ambassador of Kindness. Moozie is a role model of kindness, showing ways to spread kindness. Moozie's message of kindness reaches out to animals, others, the Earth, and kindness to ourselves. Your acts of kindness make a difference at school, at home, and in the world.

As Moozie says, "Always be kind."

Ted Drier
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